

"Lächeltraining - die beste Anti-Stress
Methode" Vera F. Birkenbihl (11.52)

<https://youtu.be/AMrMO6PDA7g>

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"Viel Stoff - wenig Zeit. Wege aus
der Vollständigkeitsfalle"
Martin Lehner at TEDxLinz (17.47)

<https://www.youtube.com/watch?v=f7viFRZAEqM>

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"The happy secret to better work"
Shawn Achor (12.20)

https://www.ted.com/talks/shawn_achor_the_happy_secret_to_better_work

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"Inside the mind of a master
procrastinator"
Tim Urban (18.55)

https://www.ted.com/talks/tim_urban_inside_the_mind_of_a_master_procrastinator